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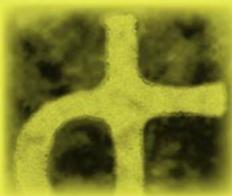
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News Briefs

SHINNY HOCKEY AND **SKATING AVAILABLE**

The SAIT Arena has drop-in ice available, during the week, for everyone and anyone.

Students and staff wishing to play shinny hockey can drop-in from Monday to Thursday, between 11:30 a.m. and 1 p.m. The cost is \$4 and helmet, gloves, stick, and skates are required.

There is also a recreational skate drop-in, from Monday to Thursday, between 10 a.m. and 11:30 a.m. The cost is \$2 and skates are all that's required.

"It's been dead," said Arena Supervisor, Warren Pickford. He says the biggest reason for the poor turn-out is because the ice is only available during class time.

Pickford has been asked to change the drop-in times to an evening or weekend slot but says that they are booked to capacity with the Trojan hockey teams and external groups.

Some people prefer the daytime

Brian Harvey plays Men's Senior AAA for the Innisfail Eagles, of the Chinook Hockey League and comes to get ice time between practices to work on individual skills.

"It's good that there is some day time ice," said Harvey. Although he likes the low turn out, he says it would be nice to have a goalie to shoot on.

Business Administration student, Erik Larson thinks the shinny hockey is great. He says it is cheap and the ice is pretty good. He and his friends plan to come out every Monday and they are hoping to have two goalies. By John O'Connor

SAIT CAMPUS ROCKS

A new rock will make its way onto SAIT campus, replacing the current one, says a Students' Association

The new rock, which will be approximately two to three times larger than the existing rock, will replace the current one which sits outside Heritage Hall, Cameron

Brown, VP Operations and Finance for SAITSA, has found a donor who is willing to transport the new rock to the SAIT campus free of charge. Brown notes that although the rock is a bit of an eye sore, "if it's done right, it will stand out."

The current rock was placed on campus in the mid-'70s and has since heen used as a hillhoard for campus activities and events. SAITSA will not dispose of this beloved rock, but is considering proposals for how best to re-use it.

Moving the rock into the new residence building foyer or using it as an "athletic rock" are a few of the ideas being considered.

The new rock is expected to arrive as soon one that is the right size and shape is found and can be transported. Bing Runquist, Director of Facilities Management has stated that Facilities Management will cover the cost of moving the rocks around campus, "As far as the students are concerned, it's free."

By Jeannine Dryden



Campus call centre facility could mean new jobs

By Mark Edwards, News Editor

SAIT will receive a new training facility at no cost to the Institute due to a recent partnership with a technology outsourcing company. One result could be oncampus jobs for students.

Center Partners Inc., of Fort Collins, Colorado, will set up a call centre training facility in the Colonel James Walker Building. The site is the former home of SAIT's Aeronautics engineering program, which is now housed near the airport.

"Center Partners is very interested in hiring students on a part-time basis while they're going to school," Luxton said. Students will be trained to receive customer service calls from the United States.

The facilities will not be used for any academic programs, and will train employees of the company and SAIT students to field a large number of incoming calls for a variety of companies, say SAIT officials

"Basically, in exchange for using that space, [Center Partners] will provide any refurbishments or infrastructure costs, as well as furniture and equipment." said Bill Luxton, Director of Corporate Training at SAIT.

SAIT will not offer an academic program tailored to call centre operations. Rather, the facilities will be used strictly for training employees of Calgary's call cen-

tre industry. Initially, the facility will be used by Center Partners to train their own staff and conduct business, but later will be used by SAIT in a comprehensive cross-industry training program,

Center Partners Inc., of Fort Collins, Colorado, recently formed a new partnership with SAIT and Calgary Economic Development. According to a Calgary Economic Development press release, the partnership will bring 300 new jobs to Calgary and SAIT. The partnership will also provide space and equipment for training prospective employees of Center Partners to receive calls, deal with customer support issues, and various other call-centre related duties.

"We're excited about partnerships such as [this one]. Part of our mandate is to build training alliances not only in the Calgary area but also across Canada and North America," said Luxton.

Calgary Economic Development, a group whose goal is to bring international businesses to Calgary, initiated the deal.

SAIT) talked about SAIT as a post-secondary institution that does customized training," said

According to Luxton, Center Partners expressed interest in a Canadian headquarters.

"We quickly came to an agreement that was supported by SAIT senior management to set up a pilot call centre," said Luxton.

Center Partners Inc.'s home at SAIT is temporary, said Luxton. Once Center Partners Inc. has established itself, it plans to move to larger premises in Calgary, leaving SAIT with a well-equipped facility for training call centre employees as part of SAIT's corporate training program.

The facility development is still in the logistical stage, Luxton said. According to Calgary Economic Development, they anticipate an operational start date for the Call Center of Nov. 15, 2004.

People from all over the city will attend SAIT to receive training in keyboarding and communications skills useful to the call centre industry.

"(SAIT) will be contracting some instructors with specific experience in call centres to work with Centre Partners in order to provide training," Luxton

The program will be administered by SAIT with input and collaboration with Center Partners.

"We are very interested in "(Center Partners Inc. and industry partnerships," Luxton said. "This is an opportunity where we can provide occupational training for Calgary. We'll provide some parttime employment opportunities for SAIT students at some time - it may be that SAIT graduates will be put into leadership

Behind the Scenes

BY RAELEEN BADHAM

cooking.

NAME: Scott Luxton JOB: Kitchen manager, The Gate AGE: 24 WHAT DO YOU DO HERE? I hire staff, take care of all the inventory ordering, I cook food, train (new staff), that sort of stuff.

HOW DO YOU LIKE WORKING WITH YOUR STAFF? It's awesome. Everyone is young and fun; (and) everyone working with me now is my hire. ARE YOU A SAIT STUDENT? No. I'm an alumni - twice. EMT, and then

WHAT HAS BEEN YOUR WILDEST OR WEIRDEST EXPERIENCE WHILE WORKING HERE? "I don't know about wild or weird, but we've cooked for a few kind-of famous people." LIKE WHO? "Big Sugar, we've cooked for the Headstones, and for Blue Rodeo.

WHAT'S THE MOST COMMON ORDER? "In general (it's) the burgers. (As for the) bands, usually it's pizza, but sometimes we get a lot of vegetarians, so some of them eat veggie burgers.

HAVE YOU EVER HAD A STRANGE DEMAND FOR SOMETHING THAT'S NOT ON THE MENU? "Blue Rodeo's caterer came looking for horseradish from us, but I told him we didn't have any. He said we should get some."

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CORRECTION NOTICE:

Weal issue 9, Oct. 28, Sports section: Trojans haunted by Cougar curse: In paragraph one of this story, we mistakenly stated the MRC Cougars were last year's ACAC victors. This is incorrect. The MacEwan Griffins won the Gold medal last year. In paragraph nine we stated the series resulted in a 7-3 loss for the Trojans. The score was actually 7-5. In addition, TJ Babey scored one goal in this game, not two, as we reported last week.

EnCana honoured by SAIT President



AMY JO PATEY PHOTO

First semester Professional Cooking students Kathleen Butler and Sean Hardingham dish out Canadian food items at the President's Reception Monday night. The guests enjoyed a menu of exotic foods prepared by SAIT's Culinary Study Group including Australian, Mediterranean and Canadian delicacies.

By Brendan Nogue and Amy Jo Patey

SAIT honoured EnCana Corporation's work to advance technology training on Monday at this years' annual President's Reception.

EnCana received the 2004 President's Partnership Award during the annual event

Gwyn Morgan, President and CEO of EnCana Corporation, accepted the Partnership Award and said the evening was really to honour SAIT, not EnCana.

"SAIT is anchored in its roots, but it's also leading into the future," said Morgan.

EnCana was chosen to receive the award because of the company's unceasing commitment to enhancing technology training through its partnership with SAIT, according to a SAIT press release.

EnCana has supplied technology for many of SAIT's centres including the Wellsite Production Education Centre, the Industrial Coatings Education Centre and the EnCana Centres of Environmental Technology and of e-learning.

"EnCana has been a really good partner with SAIT over the years," said Larry Lalonde, SAIT's public and community relations specialist.

As well as many other projects they were a major part in developing the Environmental Technology Centre and Networked Learning Centre at SAIT, said Lalonde.

The evening included a speech from SAIT president Irene Lewis, a silent auction, as well as hors d'oeuvres prepared by the Culinary Arts students.

Many representatives from business and industry paid the \$150 ticket price to see what SAIT has to offer.

"This is a good opportunity for us," said Lalonde.

According to him, such an event can help build partnerships with those businesses in the industry.

Those who attended were met with technological displays put on by Carter-McRae under the evening's theme of "virtual is real"

According to Max Rejouis, a representative for Carter-McRae, the technological displays included 10" flat screen plasma televisions on which actors portraying distance learning students chatted with guests.

President's reception cont. page 5

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HERE'S THE DEAL... Classified and SPOKE ads are free in The Weal to SAIT students and staff – with proof of membership. Others pay \$30/month. Please email suzanne.trudel@edu.sait.ca, or bring to V219 Campus Centre. Deadline is noon Monday. Please limit submissions to 40 words or less.

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INTERNATIONAL CENTRE

The International Centre cordially invites International Students to join us in celebrating the end of mid-terms and commemorating Canada's first International Education Week. The reception will be held at Macdonald Hall (in Heritage Hall), on Thursday, November 18, 2004, from 4:00 to 6:00 p.m. Please RSVP By Friday, November 12, 2004 at the International Centre, MA206, 284-8852, or international@sait.ca.

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Board of Governors chair selected for Governor General's award

By Amy Jo Patey, News Editor

SAIT's own Board of Governors chair has been selected to receive the Order of Canada.

Doug Mitchell, also known as "Mr. Calgary," recently received word he will be awarded a snowflake - the badge of the Order of Canada.

The Order of Canada is given to recognize people who have made a difference to Canada, according to the Governor General's website. The Order is the highest honour for lifetime achievement in this country and since 1967, more than 4,000 people have received it.

"It's a great honour," said Mitchell of receiving the award. "I very much appreciate it."

Mitchell said receiving the same type of recognition as other Order of Canada members such as Joni Mitchell is something

Starting in 2001, Doug Mitchell has served as the vice-chair and chair respectively of SAIT's Board of Governors.

"The Board of Governors is the ultimate authority with respect to the institution of SAIT,"

According to Mitchell, one of his greatest achievements during his time at SAIT was the balanced budget the Board of Governors has maintained for the past few

"It's an honour for me to serve as the chair on the Board of Governors at SAIT. It's a wonderful institution and it's a very important part of the economy in the province of Alberta," he said.

Irene Lewis, SAIT's President, said Mitchell has worked hard to make a significant contribution to Alberta.

"Mr. Mitchell is someone with a vision of making Alberta the best place in Canada to live, work, invest, and raise a family," said Lewis. "His commitment to our community is demonstrated through his support for education, the arts, athletics and economic development."

According to Lewis, Mitchell has been an asset in setting the course of SAIT's direction for growth since he joined the Board of Governors in the spring of 2001.

"His commitment to SAIT students is reflected in his hard work, leadership and integrity in leading our institution towards achieving its vision," she said.

Lewis said Mitchell has earned a number of distinctions including receiving the national Lester B. Pearson Award as Outstanding Alumni of the Canadian Intercollegiate Athletic Union and was inducted into the Alberta Sports Hall of Fame.

"As former Chair of the

Alberta Economic Development Authority (AEDA), he worked to ensure that business and government were partners in shaping policies and strategies that strengthened the Alberta economy," said Lewis.

Mitchell works as the national co-chair and regional manager of the law firm, Borden Ladner Gervais, and sits on the board of directors of seven companies, including SAIT's Board of Governors and is the chair of the Canadian Athletic Foundation

He has also served as the commissioner of the Canadian Football League and represented the Calgary Flames as a governor of the National Hockey League.

"I developed a reputation in the city and province, and I have relationships with individuals I've (known) over the years," said

According to Mitchell he's a busy man who loves what he

"I wake up Friday morning, getting ready for work and I wish it was Monday," he said.

Mitchell, and other newly appointed members, will be bonoured in the new year in a formal ceremony at Rideau Hall, the Governor General's house in Ottawa, which will be broadcast nationally on CPAC, the Cable Public Affairs Channel.

- Oscar Peterson, jazz pianist and
- Harold Elford Johns, "Father of the Cobalt machine," his studies of radiotherapy have increased the
- Wayne Gretzky, renowned hockey
- Alex Bauman, Olympic gold



SAIT Board of Governors chair Doug Mitchell speaks at a recent SAIT Alumni dinner for distinguished alumni on Oct. 26. Mitchell recently received the Order of Canada for his commitment to Alberta communities.

PAST ORDER OF CANADA WINNERS

Doug Mitchell is keeping some good company on the list of Canadians honoured with the Order of Canada. Past recipients include:

- · Margaret Atwood, author
- Geoffry Ballard, patented fuel cell technology
- Lloyd Axworthy, Member of **Parliament**
- Joe Clark, former Prime Minister

and leader of the Conservative

- Tommy Douglas, father of Medicare, former leader of the New **Democratic Party**
- Stanley Knowles, Canada's longest serving member of the **House of Commons**
- · Stompin' Tom Connors, musician, known as the 'champion of the common folk'
- Bruce Cockburn, musician and activist

Gordon Lightfoot, folk musician

- composer
- Roberta Lynn Bondar, Canada's first woman astronaut
- rate of cancer cures.
- medalist in swimming

Students display talents to industry at reception

President's reception

from page 4

Rejouis said the event cost SAIT over \$119,000 to host but is expected to bring in between \$20,000 and \$30,000.

One of the more notable aspects of the evening was

SAIT's Culinary Arts students. The students showed off their talent with gourmet selections from technology wise," said Darrin around the globe. The themed stations ranged from Canadiana Lord Beaverbrook High School. to the Mediterranean.

what she saw as she served guests SAIT marketing's Larry Lalonde.

with mango slush beverages.

"This is certainly pretty slick, Whitbread, a department head at

The ticket and auction pro-Laura Mar, a third semester ceeds will go to the President's Professional Cooking student, Fund, which addresses areas of said the evening was lovely from need on campus, according to







MIRANDA BOTTO PHOTO

SMACKDOWN: Third year AMAP student Shane Rhyno (right) looks for the hit while SAITSA VP operations and finance Cameron Brown starts the pinata swinging in the Heart Building artium on Oct. 29.



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Opinions vary on flu shot safety

By John O'Connor

Recent research into the type of flu shots administered on campus has shown they contain a potentially toxic preservative, but health officials say the benefits of the shot outweigh the risks.

The toxic metal mercury is used as a preservative in an ingredient called thimerosal, which is used in the flu shots being given at SAIT, as well as most common vaccinations and shots.

The SAIT clinic uses a pharmaceutical flu shot that says on the vial; list of ingredients: contains 0.01% of thimerosal, which is about 25 to 50 mcg.

This preservative was found to be so toxic to pregnant women and infants, that the California State Senate became the second state in the US to pass a bill prohibiting doctors from giving vaccines containing thimerosal to pregnant women and children under three. The State passed the bill with the understanding that thimerosal may cause neurological conditions and diseases. US flu shots contain approximately 25 mcg of thimerosal.

Affheen Remtulla, the Influenza Health consultant at the Calgary Regional Health Board, says that it is hard to pinpoint whether or not people are having direct adverse reactions to thimerosal in the vaccinations.

She says that studies have shown the safety of the shots and that the benefits far outweigh any potential risks.

Remtulla refused to comment on the decision by the California State Senate to outlaw shots with thimerosal.

The University of Calgary's Faculty of Medicine conducted studies on mercury's effect on humans and found that rapid damage to nerve cells occurred from minute amounts of the metal. The scientists involved in the studies concluded that mercury causes neurological damage consistent with Alzheimer's.

"All these toxic effects have been shown on the brain," said University of Calgary doctor, Naweed Syed. He says the amount of mercury used in the study was close to the same amount used in the flu shot administered at SAIT.

"So far I have not had any adverse reactions to the flu shot," said Valerie Nemeth, a SAIT student who went to the SAIT health clinic last week and received a shot. She was not aware that mercury was in her flu shot.

Some of the side effects listed on the SAIT clinic consent form are: fever, headache, muscle soreness, and swelling at the injection site. There is no mention of the possible neurological effects reported by the U of C studies.

Prior to receiving the flu shot at the SAIT clinic, a questionnaire and consent form must be completed. Two questions on the form ask if the patient is allergic to thimerosal and if the patient has any active neurological diseases.

The clinic will not administer the shot to anyone allergic to thimerosal and says that women in their first trimester of pregnancy should consult with their physician before being immunized.

Canadian Association of Naturopathic doctors member, Helena Ovens, says that absolutely no one, of any age, should be taking the flu shot. She says that is its very toxic and potentially damaging.

For the past couple of weeks the SAIT Health Clinic has administered roughly 150 flu shots to staff and students and they have almost run out. The clinic gets the shots from pharmaceutical companies via the Calgary Regional Health Board.

Calgary Regional Health Board has instituted an incentive for families with children. If a child is under 23 months old, he/she will receive a free flu shot, as well as anyone in the household.

The Institute of Medicine completed its immunization safety review back in 2001 and strongly recommended removing all mercury from vaccines as part of an effort to reduce the exposure children have to mercury. The review found no evidence that the thimerosal in vaccines causes autism, attention deficit disorder, speech delays or other problems in children.



Sex Ed 101: enroll yourself today

SAIT, SAITSA and doctors team up to educate students about sexual health

By Sally Jade Powis

It's no secret that college campuses see a lot of sexual activity, but the consequences of careless sex are often not considered by those practicing it.

As a result, this past summer several SAIT organizations teamed up with Sexualityandu, an initiative program of The Society of Obstetricians and Gynecologists of Canada, to market sexual health education to students at

An initiative of SAITSA and SAIT's Health and Counselling Services, the Sexualityandu Contraceptive Awareness Project was introduced on campus this fall during Orientation and Welcome Week. SAITSA handed out safe sex kits, which included a condom, mints and facial tissue.

According to Jameel Dharsee, SAITSA VP of Student Life and Development, students need to know about safe sex before taking their first practicum between the sheets.

"Safe sex is an issue on this campus," said Dharsee. "We are trying to be proactive and inform students on making the right decision when it comes to sex."

Dharsee noted SAIT students fall into the category of people most at risk of contracting sexual

According to Health Canada, Canadians between the ages of 15 and 24 account for the greatest rate of increase for reported cases of sexually transmitted diseases (STDs) since 1997. In that time, cases of chlamydia, the most commonly reported bacterial STD, rose 60 per cent. There was also a 98 per cent increase in reported STDs among men and a 46 per cent increase among women, as well as severe outbreaks of syphilis and gonorrhea in various regions.

Dharsee said SAITSA recognizes that, due to their busy schedules, students at SAIT are a difficult audience to reach.

As a result, the kits were designed to be as user-friendly as possible. Each item in the kit is branded with the project's web address, where students can get information and advice about safe sex.

Most importantly, the project dispels a number of myths about sexuality and offers tips about safe sex practices.

In one instance, the website notes a person can have several STDs at the same time, so protection during all forms of intercourse is important. It also says pulling-out before orgasm will not prevent pregnancy because sperm can be released before ejaculation. Birth control pills may not work if the woman taking them is ill and on antibiot-



Condoms, an effective way to protect against the spread of STDs, are one of the items in the safe sex kits being distributed by SAITSA as part of the national Sexualityandu Contraceptive Awareness Project.

ics, or if she vomited after taking the pill. The website also notes a yearly PAP smear is not an STD test, so it's important to request one during each annual physical.

Dharsee said the warm response towards the campaign means SAITSA will distribute more kits before the Christmas

In the meantime, students can go to Health Services (R041 in the Senator Burns Building) to get as many condoms as they need, free of charge, no ques-

"A lot of students may not be able to afford condoms or may not have the knowledge needed to make informed decisions about sex," said Dharsee. "Some students may think that pregnancy or STDs cannot happen to them, so if they don't have a condom, they won't use one."

Troy Gillard, a first-year Broadcast News student, said the project is a good idea.

"The safe sex kits certainly got people talking," said Gillard. "Whether it made a difference is hard for me to say, but I think programs like that can go a long way to raise awareness."

SAITSA's health plan covers 80 per cent of the cost of prescribed contraceptives.

Health Services employs two female doctors and one male doctor. The doctors are accessible by appointment, and there are four full-time registered nurses that can be seen on a drop-in or appointment basis. Health Services offers on-site confidential testing for pregnancy and STDs, and can administer emergency contraceptive pills. Students can also receive referrals to Calgaryarea specialists there as well.

Students seeking further information on sexual health can visit Counselling Services, located at MA209 in Heritage Hall.

Counsellors listen to students' concerns in confidentiality, and provide them with educated advice. When unable to do so, they connect students with local health professionals and organizations that can best suit their needs. Counsellors also regularly attend workshops and courses to be up-to-date on today's sexual health issues.

Students may have to wait up to two weeks for an appointment, but there is time reserved for emergency appointments.

Students who aren't comfortable discussing their sexual health issues with a nurse, doctor or counsellor can take advantage of the sexual health literature that is readily available in the waiting rooms of both Health and Counselling Services.

So, even though it's not listed in the course calendar, sex education is available to all students at SAIT. Best of all, all proceeds go to you and your partner.









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NEWS EDITORS







FEATURES EDITORS

features@theweal.com | 284-8497



Raeleen Badham

Jesse Ajayi

ENTERTAINMENT EDITORS entertainment@theweal.com | 284-8185

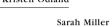


Stefanie Johnston

Afsheen Mohammed



Kristen Odland







Alisen Charlten

Paula Kehoe-Hutchings



LAYOUT & DESIGN lavout@theweal.com



Jason Batog

Letters, questions and concerns should be directed to: PUBLICATIONS MANAGER

Carolynn Semeniuk ph. 284-8077 carolynn.semeniuk@edu.sait.ca

PUBLICATIONS COORDINATOR Suzanne Trudel ph. 284-8458

suzanne.trudel@edu.sait.ca CAMPUS DISTRIBUTION

Alisen Charlten

CARTOONIST Michael McKay

CONTRIBUTORS

John O'Connor, Miranda Botto, Sally Jade Powis, Candace Beckett, Jolene Lindstrom, Andy Sogge, David Christenson, Sarah Judson, Andrew Calliou, Aaron Rast

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ON THE COVER

Jason Batog's recreation of the poster for Stanley Kubric's film, Full Metal Jacket, invites readers to explore The Weal's Remembrance Day issue. Related topics inside include a story on SAIT's history in the World Wars, an FYI on poppies, advice on finding entertainment at the legion and an antiwar commentary.

PAYING HOMAGE TO PEACE

John O'Connor, Comment

On Remembrance Day we pay homage to the war veterans who sacrificed to create a safer world. This year, I think we should also pay homage to a decision that kept our soldiers out of a sense-

In 2003, as George W. Bush was preparing to invade Iraq, the Canadian powers were preparing to say no to war.

For Canadian troops, this was a good decision. So far the American forces have lost over 1121 soldiers and the number is climbing daily, according to 69 soldiers so far.

It's hard to say just how many civilian deaths have occurred in Iraq. British Foreign Secretary Jack Straw had estimated 10,000 civilian deaths, but a group of British academics, called Iraq Bodycount, which uses statements from witness accounts and media reports, said recently that the civilian death toll is between 14,219 and 16,352.

So why are the US and Britain even in Iraq? Weapons of Mass Destruction? Where? Osama Bin Laden? Where? Bush said in his first presidential debate with Senator Kerry that, "We all thought (Saddam Hussein) had weapons of mass destruction." So Bush acted on what he thought, not on what he or his administration knew.

Did the US and its allies invade out of concern for humanitarian reasons? Operation Iraqi freedom? What about Operation Sudani Freedom? The US State department describes the situation in Sudan as a humanitarian crisis. How about

Operation North Korean Freedom? The US State Department depicts this country as one of the most militarized states in the world and concludes that it has an extremely poor human right

Protestors said the motivation for the US's pre-emptive strike on Iraq was oil.

It's hard to ignore the ties between the White House and the petroleum industry. Oil and gas giant Halliburton was awarded contracts in Iraq to reconstruct the oil infrastructures. Vice President Dick Cheney was the CEO and Chairman of CNN. Britain has reportedly lost Halliburton for 5 years prior to

> Contracts in Iraq helped Halliburton surpass Schlumberger Ltd. as the world's largest oilfield-services company. Halliburton in early 2003 was awarded a no-bid contract worth as much as \$7 billion to help repair Iraq's oilfields after the U.S.- led inva-

> In an interview with Reuters News service (Oct. 28, 2004) Bunny Greenhouse, a US Army Corps of Engineers' top contracting official, called the multi-billion dollar contracts to Halliburton the "worst case of contracting abuse she had ever

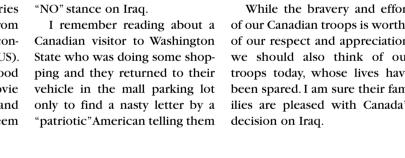
> Canada has certainly paid the price for its bold decision to stay

> The Pentagon formally barred companies from countries opposed to the Iraq war from bidding on reconstruction contracts worth \$18.6-billion (US). Trade experts argue soft wood lumber tariff increases, movie production cancellations, and beef import blocks, all seem

to be connected with Canada's "NO" stance on Iraq.

to go home.

While the bravery and effort of our Canadian troops is worthy of our respect and appreciation, we should also think of our troops today, whose lives have been spared. I am sure their families are pleased with Canada's



CAMPUS COMMENT

Weal soldiers Candace Beckett and Jolene Lindstrom ask the campus crowd:

"What does Remembrance Day mean to you?"

"Freedom, sacrifice. The ultimate sacrifice. Andrew Baker, PCK



"A day for the veterans hasn't really impacted me. Barbara Smith, APT



"It means remembering what people fought for." Claire Hannaford, BA



"Remembering our fallen forefathers. Jim Rudser, STP



"Poppies, everyone wears poppies.' Ionathon Zimmerman PCK



'Remembering all people who gave their lives in order for us to have our freedom. Lana Culic, FS



'A day to remember the veterans that fought for us." Liana Snakeskin, APT



"To not forget." Tracy Ofloff, CID



entertainment

Section Editors: Afsheen Mohammed, Stefanie Johnston ph. 284-8185 email: entertainment@theweal.com

It is much more interesting to stand at the door of a mystery than to imagine you have already entered.

Louis Dudek



SAIT student Tansy Wong (right) and U of C student Farrah Alladin (left) were partners in the making the film I Just Am, which will be screened at a P.E.I film festival in November. The documentary chronicles the experiences of lesbians of colour in Canada.

Students succeed with documentary of a different colour

By: Afsheen Mohamed and Stefanie Johnston

Tansy Wong, a second-year SAIT film student, has achieved some national recognition through a film project on lesbians of colour to be screened at a film festival across the country.

Wong thought she should change the fact that most movies on homosexuality have been about men by making a documentary on lesbian women and in particular women of colour.

I Just Am is a 10 minute and 40 second documentary on lesbian women of colour and their unique experiences, according to Farrah Alladin, a student of the University of Calgary and the coproducer of the movie.

"(It is a documentary where the women) talk about experiences that helped them cope with who they are, accepting themselves and identifying their place in society," says Wong.

The documentary addresses the ways in which the women have been discriminated against.

THIS WEEK'S ENTERTAINMENT CALENDAR

are) marginalized because you are gay, you are female and you

The documentary took four months to make. They started sending the ads out in February, began interviewing actors in July and finished editing in August.

Wong and Alladin didn't make this short documentary just for the film festival. They initiated the project, "to get some experience and because of personal

are not white," says Alladin.

LOUNGIN' AT THE LEGION

downing a pint? The Royal Canadian

Where can you win meat and

Calgary has about 12 legions,

Believe it or not, you don't have to

be a member to be able to enjoy any

of their events. It isn't just a bunch

of seniors smoking pipes and trading

each owned and run individually.

watch stampede wrestling while

Legion, that's where.

"(As a lesbian of colour, you interest," says Wong. Then, after it because it's underground," says was done, they decided to enter it into some film festivals.

> The Reel Island Films Festival is just a stepping stone for them and will be showing Nov. 17 - 21 in Charlottetown.

> These aren't the first films Wong and Alladin have worked on. Alladin took part in a documentary about prostitution called Neighbours that got into a Calgary underground film festival.

"It's not very well known

that change every week, all inspired by your grandma's home-cooked meals. Unlike grandma's house, however, the legion serves its tasty meals to the sounds of a live band, instead of your little cousin's game of how many peas he can stick up his nose.

Some legions even have meat draws. If you're short on your cash, scrape up all your change because for only \$1 a ticket you could win \$25 worth of meat.

Other legions have stampede wrestling a couple times a month. It's only \$12 to watch professionals wrestle. This is the WWF right in

Sunday, Nov. 7

Calgary Snowmobile

Club Snow Show

at the Sun at Currie

Barracks, Call

233-8368 for info.

Wong, on the other hand, filmed a fiction story as part of her film school at NUTV, a non-profit University of Calgary channel.

NUTV will screen I Just Am in November.

They have entered the documentary into other film festivals such as Herland Feminist Film Festival in Calgary, that shows

front of you, without the Stampede tourists asking where the bandwagon races are.

Most legions have dances for special occasions, such as Christmas boogie fests.

If dancing isn't your thing, then they have VLT's, just make sure to save money for the meat draws.

And don't forget the good old Remembrance Day celebrations. Most if not all of the legions have a ceremony and entertainment for the day. Have a pint with a veteran; you might just learn something new.

By Afsheen Mohamed and Stefanie Johnston

Don't let him go to your head. He's...

The Vidiot

over a couple of drinks. First up:

DAWN OF THE DEAD: A good zombie is a dead zombie and this remake of the George A. Romero classic takes that adage to heart by slaughtering every last one of those re-animated a-holes as they try to take over our world. This movie touches on some social issues. If you ask me, zombies took over the human race five years ago. However, don't pay any attention to all that garbage, because it's only the grey-matter splatter that matters in this one and there's tons of it.

WHITE CHICKS: This movie attempts to find laughs by combining two gags; men dressing up as woman and black people pretending to be white. On both accounts, the result is insulting. First off, people who still find men in drag funny are worse than zombies. Second, two wrongs don't make a right. Pretending to be white just so you can act like a hillbilly really doesn't help things. White Chicks tries to bring about racial harmony, but the only unity I can see is all races turning this piece of crap off in unison.

FRANKENFISH: Grab your fishing pole and head on down to the old fishing hole because those wacky scientists have just created a giant mutant fish that can not only hunt in water, but also on land. I bet Captain High Liner can't wait to get his deepfried, battered hands all over those Frankenfish sticks.

Put on Your Thinking Hats A BRIEF HISTORY OF TIME:

This documentary on Stephen Hawking and his theories of time, black holes and the big bang is as exciting as any Hollywood movie. It's a life affirming, family drama with as much outer-space as "Star Wars" and more time travel then "Back to the Future". Plus a brilliant, disabled leading man who speaks like a robot and has enough balls to call Einstein's "Theory of Relativity," chicken scratches on a Denny's place

By Shane Seller

war stories. Legion's host a range of activities, and put on a mean buffet.

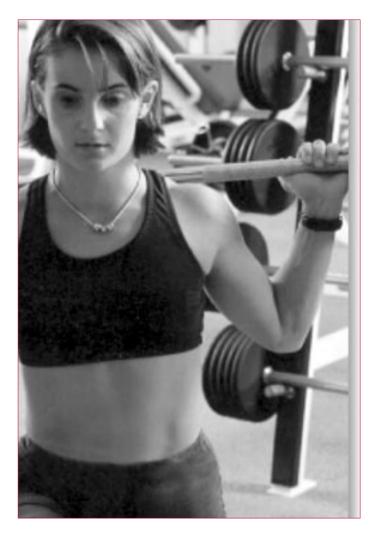
The Kensington legion has a Sunday brunch and an evening buffet. They offer a variety of menus

Thursday Nov. 4

Friday, Nov. 5

Monday, Nov. 8

Tuesday, Nov. 9



- Falling asleep in class?
- Have you gained the famous 15 pounds?
- Didn't make the team this year?

Get going on your fitness goals

Get going at World Health Club





Call Now 284-4597



Industry gurus descend on The Gate

By Andy Sogge

Sam Roberts, Nelly Furtado, Matthew Good, Tea Party, Limp Bizkit, Nickelback, Bryan Adams, High Holy Days, Slipknot. Do these names sound familiar?

How about Jamie Mulligan, Graham Brewer and Ted Seto? These names may not be as common in your dorm room, but they're well-known record label representatives and recording engineers who are coming to The Gate.

These illustrious individuals are being flown in from Vancouver and Toronto to act as official judges for The Axetreme Strip Down.

"They (judges) have signed some of the biggest Canadian acts ever," says Mike Dilts, co-creator of Strip Down.

Strip Down is a battle of the bands with a grand prize designed to give local bands a shot at the big time. The prize includes a meeting with top industry reps, 500 CDs recorded at Axe Music with full album art, a custom website, an electronic bio kit, and opening for sold out shows at The Gate and Red's in Edmonton.

The 37 bands in Strip Down will endure six weeks of performance and suspense every Saturday night. One band will prevail and secure a spot in the coveted final shows, held Dec. 17 - 18. Here, top industry producers Mulligan, Brewer and Seto and A&R reps from RoadRunner Records and Universal Music, plus a fourth mystery man will be present to judge and scout the prevailing competitors.

Audience members also act as judges for this event, by voting for the band of their choice each Saturday.

Organizers say the purpose of Strip Down is to give local bands like Process Slow Motion a chance.

"We were angry the independent music scene in Canada was not respected," says Dilts.

Dilts and his partners Kyle Taylor and Scott Wilson own The Sound, which is based out of Edmonton and dedicated to promoting local bands.

Marco Attilio, who will act as the event host for Strip Down, says the company (The Sound) is involved in a range of projects.

Aside from conceiving and hosting Strip Down, The Sound is currently managing Marble Engine, last year's Strip Down winner. Plus they host an on-line radio featuring music, bios, and performance dates for countless bands across Canada.

Strip Down will be the debut for Process Slow Motion, a band from Calgary that formed only two months ago, but not to worry, all members have had up to five years of previous band experience.

Matt Moore, the band's drummer and former SAIT student, says aerobics is their measure of preparation.

"We have a very intense stage presence which involves kicking, jumping, flailing and general hootenanny," says Moore.

If they win Moore says they will take it to the top.

With its revered grand prize and integral judges, Strip Down is raising the bar for the competitors and offers an electrifying experience for its audience.

The Axetreme Strip Down will be held at The Gate every Saturday from Nov. 6 to Dec. 18 at 7 p.m. Cover is \$10.



SHEENA CHRISTO PHOTO

Bill Stewart and his band Misguided Acrobat will play at the Gate on Nov. 20 as part of the 37 band Axetreme Strip Down competition running November and December.



ALISEN CHARLTEN PHOTO

Chris Tillman, Kalan Exner and Tyler Shields strutt their stuff in front of the SAIT residence building.

How to make a band: beginners kit

By Stefanie Johnston and Afsheen Mohamed

So you want to be a rock star, but you're not the daughter or son of AC/DC, you're a student working toward a diploma. How do you reach your dream of being reveared for your musical talent?

To see if embarking on the road to fame is as simple as it sounds, the Weal decided to check in with SAIT rockers, Scream Of Silence. Some of the band members live in SAIT residence. Right now, the band is still looking for someone to be the bass guitarist and their lead singer is living in Red Deer. These are just a few minor setbacks.

They have only been together for a month, but Scream of Silence is writing songs and practising.

Once the band's lead singer John Jones comes down from Red Deer and the bass guitarist is found, they'll start working hard at it. And as much fun as it would be to rehearse until the sun comes up, residence has rules about noise.

Their fun has to come to a stop at 11 p.m. or even earlier if someone is really adamant about the noise. Yes, they do practise in their dorm rooms!

"Last night, we got a complaint at 10:12, but it was from a girl who was sick, so we stopped playing," Exner says. "We are not going to be asses about it."

Overnight successes in the music industry are rare, so practising needs to be your number one commitment. You also need to know how to play in front of an audience say band members.

"I've been playing for about four years with different bands," says Exner. Chris Tillman the lead guitarist also played with some alternative rock bands.

Exner is ready to start his band here in Calgary.

"I moved to Calgary because the music scene was getting pretty tired there (in Medicine Hat)," he says. He could have taken the same program in Medicine Hat, but came to Calgary to kick start his music career.

According to Exner, The Gate, the Back Alley and Skinny's are all bars that let new bands rock out.

And Alexisonfire, a punk band, has decided to lend a listening ear as well

"They have just opened up a door, so that people who normally wouldn't be heard of can be, it's for screamer bands," Exner

Each band member seems to bring their own unique style to the band, since each person has there own influences and style of music. This diverse influence makes it hard for band members to describe the band's style.

"We could go punk and we could not go punk," says Exner. "It is just about writing the music and being heard, it doesn't matter what category it comes out as."

This band craves the world, and they hope it's just a matter of time before the world craves Screams of Silence.



features

Section Editors: Raeleen Badham, Jesse Ajayi ph. 284-8497 email: features@theweal.com

The tragedy of war is that it uses man's best to do man's worst.

-Henry Fosdick

SAIT CAMPUS: VETERAN OF TWO WARS

By Raeleen Badham, Features Editor

Tom Skinner, a campus history buff who works at the Centre for Instructional Technology and Development at SAIT, recalls the story of his grandfather, Thomas Fisher, who was of British decent and moved to Canada in 1913 to Portage La Prairie, Manitoba.

"In 1914 war broke out, and being a loyal British subject, he volunteered to go overseas; but they wouldn't take him. He was too old. He joined the Canadian Corps of Engineers, and went overseas as an engineer rather than a soldier. He was gassed at Ypres in 1917 and belated out of the army in 1917."

He adds in the 1970s his grandfather returned to Britain; and, during a visit back to Canada in 1980, his liver stopped functioning. This was due to the mustard gas poisoning during the war. He fortunately lived through it, and eventually died at the age of 103.

"He was a tough old bugger," said Skinner.

Like Skinner, SAIT has a rich history flavoured by the events of the World Wars.

According to 'Technically, An Experiment - The History of the Southern Alberta Institute of Technology' by Rosalie Pedersen, the institute was created to meet the need for a higher technical institute and as a vocational training facility for disabled soldiers returning home from the First World War.

On February 18, 1916, the tech school was formed and stationed at the Colonel Walker School, downtown. In 1922, the campus was moved to North Hill outside of the city.

The school was named the Provincial Institute of Technology and Arts (PITA), and was considered a 'university for the common man.' The first classes began on October 16, 1916 with only seven instructors and eleven students; six of whom were veterans.

Over the following two years, the institute's student body grew rapidly due to the number of returning soldiers. PITA gained international acclaim by the Allied Nations Conference for its veteran re-training program.

PITA had become a predominate service to the community and the Nation. In 1918 the regular curriculum had to be put aside for one month while the institute became a temporary hospital due to a wide spread influenza epidemic.

Ron Elliot, manager of the

Aerospace Museum, measured the extent of this massive influenza outbreak to that of the SARS epidemic that occurred in Asia about a year ago.

This strain of flu had never been seen before.

"It was called the Spanish flu, and it killed more people than the First World War... and there was essentially no resistance to it," says Skinner. Supposedly it was brought back from Europe by three soldiers, and spread rapidly from there.

"It was very, very contagious," said Skinner. "It spread all over the world and was probably one of the more virulent plagues to some extent, simply because of modern travel."

PITA's aid to society did not stop there.

A website dedicated to the aviation history of Alberta and its roll in World War II called Wings over Alberta states that two months after Canada joined the Second World War, the Canadian government signed an agreement with Britain to join the British Commonwealth Air Training plan.

The location of the training site in Canada was optimal.

"The best V2s that the Germans ever came up with couldn't reach North America," says Skinner, so essentially Canada was indeed quite ideal for the plan.

According to Elliot, Alberta housed 13 of the 213 training schools based in Canada during the war; five were located in the Calgary area alone.

PITA was a choice location for a wireless training base for the Royal Canadian Air Force. 1940, PITA relinquished the campus buildings and grounds to the federal government for this military training facility.

"They built what were called H huts all over the campus; there was a field hospital, there was



PHOTO COURTESY SAIT MARKETIN

Member's of PITA's (SAIT'S first incarnation) Tractor and Automotive class pose behind one of their class projects in the 1920s. The school moved from it's downtown location to SAIT's current spot in 1918.

a skating rink, playground, field training facility (located) where the E block called John Ware is ...They built a building which was an armory and drill hall where we have the Colonel Walker building now," says Skinner.

The campus was an official military air base known as No.2 Wireless School. For the duration of WWII, Heritage Hall was filled with young men from all over the world training here to journey overseas and risk their lives for our country.

The base was one of the largest of its kind in Canada, and thousands of soldiers graduated as radio operators and communication specialists.

The staff and student body of PITA also made a contribution to the war effort. They moved to the Calgary Stampede Exhibition Grounds, "under the grandstand," to continue classes.

"In time of war, sacrifices must be made, and ours are minor in comparison with those bearing the brunt (elsewhere)," said Dr.
W.G. Carpenter, PITA's princple at the time.

tinguished Flying Medal.
When the war was on this service completed, P

In a book referred to by Eliot, called the 'Western Welcome to the World,' by Shirlee Smith Matheson, he found a small article that told the story of one young lad who had served at the No.2 training base.

Doug Penny was a young man from Abernathy, Saskatchewan who had initially joined the RCAF in Brandon, Manitoba. Due to the British Commonwealth Air Training Plan, he was sent to Calgary's No.2 training base. During his time there, the city grew on him. In fact, at one point, he remembered thinking, "If I make it, I'll come back and live here."

In 1943, Penny completed his training and was sent overseas. He had finally become a tail gunner; a job that was backed with a 76 per cent fatality rate.

Penny was one of few who had survived 37 air operations, and was honoured with the Dis-

When the war was over, and his service completed, Penny fulfilled his promise to himself, and returned to live in Calgary.

Not all stories from the No. 2 wireless base and bases across Canada had happy endings.

"Unfortunately there were almost 900 deaths associated with training in Canada alone—many of these occurred on the Prairies including a large number in Alberta," said Reverend Dr. David J. Carter, who was a member and speaker of the Legislative Assembly of Alberta from 1979-1993.

"While Canadians who died in flight training had their remains shipped back to their hometown for burial, almost all of those who came from other lands still lie in our local Fields of Honour. They too 'fought for freedom and peace.' We owe them due respect and honour," says Carter.

Lest We Forget.

Behind that little red flower

By Sarah Judson

The poppy: a little red flower that symbolizes freedom and sacrifice.

The cost of that freedom was and is the sacrifice of our brave soldiers' lives.

"In Flanders fields the poppies blow, between the crosses row on row" is the first line of the famous poem written by Lieutenant Colonel John McCrae.

The words of McCrae's poem give

a vivid image of poppies blanketing the graves of dead veterans.

Three years after the poem was first published in 1915, Moina Michael began to wear a poppy in memory of the millions of lives that were given for her freedom.

Two years after Michael began her tradition, Madame Guerin fell in love with the tradition and began to make and sell silk poppies. All the proceeds went to destitute children who had been affected by the war.

The symbolism of the poppy has grown, so it is no longer possible

for one person to make all the silk poppies. It has become the duty of hospitalized veterans.

Every year the legion distributes the poppies to communities and sells the poppies by donation.

All of the proceeds received from selling the poppies go to a relief fund for veterans' families.

This year the Legion will distribute poppies around Calgary. A portion of these poppies will be

found on the SAIT campus.

Buy a poppy, keep the tradition

sports

Section Editor: Kristen Odland, Sarah Miller ph. 284-8497 email: sports@theweal.com

"Victory goes to the player who makes the next to last mistake."

Savielly Grigorievietch Tartakower

Trojan scoreboard & schedule

HOCKEY

Women

Oct. 29 SAIT 4 – Concordia 3 Oct. 30 SAIT 3 – Concordia 2 Overtime

NEXT GAME:

Friday, Nov. 5 SAIT vs. Red Deer College @ 7:30 p.m. Campus Centre Arena

Men

Oct. 29 SAIT 4 – Concordia 3 Overtime

Oct. 30 SAIT 5 – Concordia 3 **NEXT GAME**:

Saturday, Nov. 6 SAIT vs. Grant MacEwan @ 6 p.m. Campus Centre Arena

VOLLEYBALL

Women

Oct. 29 LCC 3 – SAIT 1 Oct. 30 LCC 3 – SAIT 0 (LCC: Letbridge Community College)

NEXT GAME:

Saturday, Nov. 20 SAIT vs. Medicine Hat College @ 5 p.m. Campus Centre Gymnasium

Men

Oct. 29 SAIT 3 – LCC 0 Oct. 30 SAIT 3 – LCC 1

NEXT GAME:

Saturday, Nov. 20 SAIT vs. Medicine Hat College @6:30 p.m. Campus Centre Gymnasium

BASKETBALL

Women

Oct. 29 Humber College 56
- SAIT 49
Oct. 30 SAIT 56 - Durham
College 27
Oct. 31 SAIT 43 - Seneca
College 26

NEXT GAME:

Friday, Nov. 5 SAIT vs. Mount Royal College @ 6:30p.m. Campus Centre Gymnasium

Mon

Oct. 28 SAIT 97 — Camosun 68 Oct. 29 University College of the Caribou 83 — SAIT 67 Oct. 30 SAIT 76 — NAIT 54

NEXT GAME:

Friday, Nov. 5 SAIT v. Mount Royal College @ 8 p.m. Campus Centre Gymnasium

CROSS COUNTRY RUNNING

Women:

ACAC Bronze Medal Holly Ratzlaff (SAIT) ACAC Gold Individual Medal

By Sarah Miller



AARON RAST PHOTO

EWWW... Poor equipment hygene isn't just a problem for people who have to smell you. Doctors say bacteria from unwashed equipment can cause serious infections.

SMELLS LIKE TEAM SPIRIT

By Kristen Odland, Sports Editor

Hockey arenas are famous for their potent stench resembling a combination of corn chips, Parmesan cheese, cabbage rolls and dirty socks.

Imagine getting off the ice after an hour and a half of excruciating cardiovascular activity otherwise known as a hockey game. You skated, you scored, you sweated and now your equipment seems a few pounds heavier than when you first got on the ice.

If you can convince someone that your sweaty equipment smells like rose petals after a tough hockey game or practice, then you can probably sell icebergs to a penguin.

Some hockey players believe the smell is an important part of the game and don't think it's necessary to sanitize or clean their equipment.

"I don't think it ever bothers the individual (hockey player), personally. It's probably bothering the person they're sitting beside in the change room more than themselves," says Leah Puddester, number four on the Trojan women's hockey team. Both the women's and the men's teams practice three times and have two games per week.

The Trojans are fortunate to have new equipment this year which doesn't smell yet.

"Usually new gear takes about a month (or) two months then the stench is in it permanently," says Brent Williams, a Trojan goalie. He says he doesn't notice the smell of his gear, but tries to be as clean as he can.

Although both teams have lockers in which to air their equipment out, it is common for hockey players to just throw their equipment into the trunks of their vehicles and leave it there until the next ice time. This makes carpooling with these people extra special, especially if the sun has been shining on the

Todd Kurio is the owner of Esporta on 17th Ave. SE, one of the few places in Calgary that cleans hockey and other sports equipment.

He believes that people don't air out their equipment because it's too time consuming.

"There's a few people that have come in and can't stand it

(the smell) themselves. It's usually one piece of equipment they can't stand... but mostly other people that encourage them to get it cleaned," says Kurio.

About 80 per cent of the equipment brought in to his store is hockey.

Esporta specializes in sanitizing hockey equipment but also cleans lacrosse and football equipment as well.

Kurio says there are advantages to having equipment cleaned. The most obvious advantage is the improvement in the smell, but health is also an issue. Equipment used extensively can harbor bacteria, which can also cause problems.

Dr. Ian Auld from Canadian Sport Medicine says the equipment doesn't come with the bacteria but gets it from the skin. He sees members of the Calgary Hitmen (WHL), the Calgary Roughnecks (NLL), Calgary Stampeders (CFL) and Hockey Canada.

"Hockey players wear a lot of equipment and they sweat a lot because of that," says Dr. Auld who commonly sees hockey players with rashes and skin irritations from hockey equipment But clea at least on you and the better. The your skates you either.

and in extreme cases, boils and Staphylococcus Aureus (staph) infections.

"That moist environment is a really nice place for bacteria to grow either in the equipment or in an area that breaks down the skin," says Dr. Auld.

He recommends places like Esporta for cleaning equipment in order to determine the causes of the skin irritations.

They are usually in areas that are in contact with sweaty equipment. It's difficult to determine whether the bacteria came from the equipment or the skin.

Dr. Kyle McLaughlin is a resident doctor at the clinic with Dr. Auld and sees occurrences in football players as well.

"I think it's a fairly new phenomena," says Dr. McLaughlin about cleaning equipment.

A locker room full of sweaty hockey players, or any athletes for that matter, is going to stink, no matter what.

But cleaning your equipment at least once a season can make you and the locker room smell better. The fungus growing in your skates probably won't miss you either.

Intramural bowling in Campus Centre strikes big with SAIT students

Most post-secondary schools offer students the usual selection of intramural sports teams such as football, baseball and soccer but SAIT is not the usual school in this respect. We don't have baseball; we have slow-pitch. Instead of football, we have flag football. And instead of soccer, we have... bowling?

SAIT is one of the few colleges in the country that offers bowling as an intramural athletic option. Approximately 20 students participate in SAIT's intramural bowling league, which meets every Tuesday night from 7-9 p.m. at the bowling alley in the basement of the Campus Centre building.

The league is divided into four teams; the Hot Tamala Bowlarama, the Retro Funky Pink Ladies, Darkness and Vile 8.

On Nov. 9, the teams will battle each other in their end of the season playoffs to see which team has talent to spare, and which will be left in the

gutter

Students paid a \$60 deposit to join the club, but will be fully reimbursed if they meet the minimum attendance requirements.

Some bowlers are competitive but most are just there to have a good time, according to Hot Tamala Bowlarama team captain, Nathan Green.

The Retro Funky Pink Ladies is comprised of seven women from the CTSR program who decided to join the club to have fun and meet new people, according to team captain, Jess Zimny.

As if five pin bowling wasn't fun enough, the team members have used their creativity to make games more interesting. Their bowling uniforms are, predictably, anything pink—and they all dressed in pink fairy costumes for the meet before Halloween.

Bowling cont. page 14

Trojan hockey team to get beached

By Andrew Calliou

Bermuda shorts and Hawaiian shirts aren't usually seen in these parts during the month of November.

This upcoming Saturday is an exception to the rule however, as the SAIT Trojan women's hockey team will hold a beach party.

The players will host the SAIT women's hockey cabaret next Saturday evening, following their second game in two days. The theme of the night is a beach party, though it is not mandatory to show up in your brightest, most flamboyant shirt.

"There will be a number of prizes given away, as well as a live D.J. in there," says Trojan forward Rheanna Len.

Len also mentions that the event is a fundraiser for the women's team, which has started the year on a winning streak.

The Trojan women's team, with veterans Katy Moore and Danielle Miller leading the way, are undefeated this season, going 4-0 including a couple of exciting overtime triumphs.

So dust off your favourite palm tree t-shirt and show your support for SAIT's women's hockey team.

The event will take place at Loco Lou's Bar and Grill across 16 Avenue from SAIT

The cover charge of the cabaret is \$5.



LOCALE FEMALE ATHLETE OF THE WEEK **HOLLY RATZLAFF - X-COUNTRY RUNNING**



Holly Ratzlaff, a second-year Trojan and Exploration Information Technology student has become one of the strongest female athletes in the ACAC. She had an incredible weekend at the snowy provincial championships in Edmonton this past weekend, earning a gold medal and helping the Trojan women's team to a provincial bronze. With a finish of 16:56, Holly was also rewarded with the overall season points leader of the Grand Prix race series, bringing home the

"Cross-Country Running Women's Grand Prix Champion" trophy, the first in SAIT's history. She can now add this title to her list of accomplishments, including 2003-2004 CCAA Academic All-Canadian, 2003 ACAC Provincial Gold (Women's Team), and 2003 ACAC Provincial Silver. Holly will bring her experience from these achievements to the CCAA National Championships in Edmonton, two weeks from now. Congratulations, Holly, and good luck at Nationals!



MALE ATHLETE OF THE WEEK MIKE BENNETT - VOLLEYBALL

Mike Bennett, a third-year Trojan and Chemical Technology student, brings with him a Rookie of the Year award from 2002-2003, and two previous years at national championships with the Red Deer Kings. (Juvenile and Midget leagues). Mike's performance this past weekend was instru-

mental in the men's team's sweep against the Lethbridge College Kodiaks, with over 40 kills, 4 blocks, and 17 digs. His leadership on the court encouraged his rookie teammates to step into the game and make an impact as well. Congratulations, Mike, and keep up the good work!



TROJAN AWARD **GARRETT GIRARD - HOCKEY**



Garrett Girard, a rookie Trojan and first-year General Technology Studies student, brings many years of experience to the team, including two years each with the Caronport Cougars and the Canmore Eagles, and one year as team captain with the Drumheller Dragons. This past weekend, Garrett showed courage by taking hits in order for his fellow Trojans to make needed plays, determination by making all the big. hits needed, and spirit by helping the team with his two goals

and one assist in the team's weekend sweep over Concordia University College.

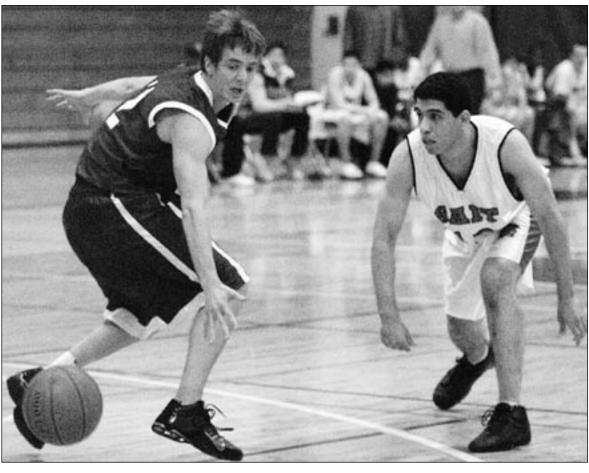


TEAM OF THE WEEK MEN'S VOLLEYBALL

While only one returning player remains on the court, the men's volleyball team shows great improvement every week. With its two-win victory over the Lethbridge Community

College Kodiaks, these Trojans are on the hunt for a spot in the super pool after winter break. With the men's volleyball teams in the ACAC list season being so close in skill level, every Trojan game has been a hard-fought battle. Congratulations, Trojans - keep up the courage, determination, and spirit!





Liav Peled of the Trojans knocks the ball out of Whitworth forward Josh Parker's hands. The Trojans lost to Whitworth, an NCAA Division III team, by three points in an exhibition game Monday night.

Trojans take on NCAA basketball team

By David Christenson

Slow starts and feisty play by the Trojans saw the team achieve a neck-and-neck score in an exhibition game against a strong US team Monday night.

The SAIT men's basketball team was defeated 56-52 by NCAA Division III Whitworth College.

The contest started off poorly for the Trojans. After four quick Whitworth points and some sloppy play on both ends of the court, coach Craig Anderson called a timeout to regain his team's composure.

The Trojans returned and responded quickly as guard Mike Stevens scored SAIT's first basket of the game. One Trojan showing great hustle from the get go was forward Emmanuel Clark. Clark's energy and impressive athleticism overwhelmed Whitworth, with Clark drawing three fouls in the first few minutes of the game. Clark was also responsible for one of the high points in the game, as he scored on a point blank two-handed dunk.

minutes of the game.

The scoring did come however. After Alden Smalling scored his own five point mini-run, SAIT found themselves down by five late in the first quarter. Two free throws by SAIT as well as another Smalling three-pointer cut the deficit to one.

Whitworth answered back with a seven point run capped by a Jon Young three-pointer to put Whitworth up 27 to 19. To make matters worse, Alden Smalling managed to pick up three fouls with five minutes left in the first half. The Trojans held their own despite Smalling's absence, and were down thirty-one to twentyfive at the half.

The second half started off as poorly as the first. Smalling picked up his fourth foul 43 seconds in. Whitworth extended their lead with a nice banker and things went downhill for the Trojans as their outside shooting went cold and an easy Whitworth lay-up extended the lead to 13 with nine minutes to play.

The Trojans were down, but they still had some fight left. SAIT still only managed to A free throw line jumper from score six points in the first ten David Wilson along with a nice

post move from Fabian Warner got the comeback ball rolling. Smalling, who was quiet until this point in the second half, hit a runner with 4:23 left to play.

The most exciting play of the night came with 2:40 to go. Emmanuel Clark took his man one-on-one and posterized the Whitworth defender on a thunderous dunk. However, the play was called a charge and went the other way. The momentum was more than enough for SAIT, as the Trojans scored another four quick points to be down two points with 2:30 left to play.

Both teams exchanged baskets down to the wire. The Trojans, led by some strong full-court pressure and clutch shooting, were down 55 to 52 with under 13.4 seconds to go. With the clock winding down, Alden Smalling shot a deep three in attempt to tie the game. The shot was no good and Whitworth's Williams sealed the game with two free

The loss may have been a heartbreaker, but not considering Whitworth beat the University of Lethbridge and the University of Calgary earlier on this same trip.

Bowling from page 13

The team also ventured to the Gate one night before their game. That night, the team's worst player, Lexxie Engle— who usually scores around 45-50, achieved the team's highest score of over 100.

The teams have encountered some mechanical problems at the alley; such as pins getting tangled or just dangling in the air but Zimny says it wouldn't deter her from joining the next bowling league.

"One of the lanes shut down, but we worked around it," said Jared Herbert, team captain of Darkness.

"We have a lot of fun," Herbert said, adding he would sign up again next year.

Herbert's team is one of the more competitive in the league. Darkness averaged a score of 150, and Herbert scored an impressive 259 at one of the games.

Intramural sports teams are chosen based on student interest though, which means SAIT must have its share of Kingpin fans. Organizers

say the only reason why SAIT has a bowling league is because it was a popular choice among students.

Interested students can contact SAIT's Intramurals Coordinator at 284-8924 or find more information at the Intramural Sports Program webpage.

Besides bowling, slow-pitch and flag football, students at SAIT can also join intramural ice hockey, floor hockey, volleyball, basketball, racquetball, and curling.

By Sarah Miller

SAIT STUDENT



Friday, November 5th

@ Trojan Basketball Game 6:30pm Campus Centre Gym

SAIT students to SPIN TO WIN BIG PRIZES. Students (with valid ID) will receive a FREE entry form just by coming to the game. Names will be called throughout the night for students to spin and every prize must be given away so don't miss out!



1. Labatt's Beer Survival Kit 2. Loco Lou's \$100 Gift Certificate, SAIT Computer Store Laptop Case & Sunshine Village Student Day Pass

- 3. Coca-Cola Merchandise
- 4. Pizza Hut Pizza For One Year
- 5. Sport Swap \$200 Gift Certificate
- 6. Hot Tub Rental from Tubby's Hot Tubs
- 7. Tan City Prize Package (\$200)

8. Sunshine Village Student Season Pass

9. \$100 Gift Certificate to Loco Lou's, \$50 in SAIT Meal Tickets, and SAIT Computer Store Laptop Case.

10. HP Jornada 547 Color Pocket PC

















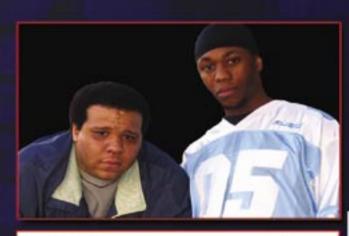


SAN NOHICKRO PRESENTS ERELEVATOR THE

Performances By:







Urban Legends CREW



Wednesday.Nov.10th
B-Boy Comp. - \$500 Prize
Clothing Giveaways
Mixed by: Cpt. Kurk

Location: 6120 3rd Street SW - 269-SPIN
Doors Open at 9:00pm
\$7 Advance, \$10 at the Door

WED.NOVEMBER.10TH